

WONDERFUL WEEKENDS

July 11 – 13 July 18 – 20 July 25 – 27

August 1 – 3 August 8 – 10 August 15 – 17 August 22 – 24



www.atimeforscience.org

The Outdoor Experience

A Recreation Program for Families and Groups

Pedal-Paddle-Plyometrics & Picnic



- Walk, Run or Bicycle the Trails
- Kayak/Canoe on the Ponds or in Beautiful Contentnea Creek



- Exercise at the Fitness Station
- Bring your Picnic & Enjoy Nature at its Grandest

FREE FAMILY FRIDAYS

3:00 pm – 6:00 pm

All activities **free** to family, groups, and organizations

SUPER SATURDAYS

10:00 am – 3:00 pm

Equipment and use fees as below

SATISFYING SUNDAYS

1:00 pm – 4:00 pm

Equipment and use fees as below

- Canoes and Kayaks --- \$15/hour for 2 hours (\$10/hour thereafter)
 - ❖ Bring your own --- \$2.00 private launch/pond fee
- Bicycles --- \$5.00 for the day
 - ❖ Bring your own --- \$2.00 Trail fee
- Walk/Run Trails --- \$2.00 Trail fee
- Picnic at the Lake House No Charge

PLEASE NOTE

Reservations are required by the Wednesday evening before

Website (www.atimeforscience.org)

E-mail (atfs@atimeforscience.org)

Phone [252-746-4470](tel:252-746-4470)